

Cindy Dickson

740-417-3477

cdickson260@gmail.com

Hi. My name is Cindy Dickson. I am a 36 year old City of Delaware resident. I have a personal passion for healthy living, nutrition and exercise. I love to encourage others in this area. Along with being a mom of a 12 year old son, I was previously a preschool Sunday school teacher. I have a great amount of experience with personal care, helping with homework and multi-tasking. I am also certified in First Aid and CPR. One of my main purposes in life is to help others be happy and confident in themselves. I am told I am a good listener and have patience of steel. It's simply what I love to do. I enjoy working with people of all ages, helping them with their needs, reaching their goals and encouraging their interest and abilities. I have a special interest in working with older adults.

For the past 9 years my career has involved cleaning. I have one client I take out on errands and activities. She and I have the best time together. It truly is my favorite day of the week.

Services I have experience in and can provide:

- * nutrition & healthy living
- * daily living skills
- * companionship
- * housekeeping and laundry
- * personal hygiene
- * errands
- * transportation
- * appointments
- * recreation & community involvement
- * grocery and personal shopping
- * budget and finances
- * homework and reading assistance

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