

Parent Pages

A Delaware County Early Intervention Publication December 2018



What is Early Intervention? A program for newborns, infants and toddlers that provides developmental services designed with your family's concerns and goals in mind. If you have concerns about your child's development, please call Early Intervention at 740-371-3322.

Columbus Children's Theatre Sensory Friendly Performance (SFP) of "The Best Christmas Pageant Ever: The Musical Friday, December 15th at 10:00 am

WHAT IS A SENSORY FRIENDLY

PERFORMANCE? Elimination of loud or sudden sounds Elimination of abrupt changes in lighting Professionally trained staff and volunteers House lights are kept on slightly to allow for safety and freedom of movement Limited seat sales for guests with spatial issues Quiet lobby area for breaks Communication cards for non-verbal guests Sensory Friendly Resource packages for families Safe, friendly, and judgment-free environment

Additionally, a Social Story is available for free download from their website at <u>www.columbuschildrenstheatre.org</u>. A Social Story is a picture book detailing the entire experience from walking up to the front door of the theatre, picking up your tickets, choosing your seat, finding the bathrooms...everything! Audience members can review this at home with family before leaving for the theatre so they know exactly what to expect. Please call 614-224-6672 for tickets or more info.

Autism Support Group

This group is for families that have a toddler, preschooler or school aged child with Autism or behaviors similar to those with an Autism Spectrum Disorder diagnosis. ****The next meeting will be our annual Holiday Dinner!**** Please join us on **Wednesday**, **December 19th at 6:30pm at Señor Antonio's Restaurant.** Señor Antonio's is located in the Northpointe Plaza at 8617 Columbus Pike, Lewis Center, 43035. Please RSVP if you plan on attending so an accurate reservation can be made. Contact the Family Liaison, Bethany Mirka, at 740-666-2222 or tbmirka@hotmail.com for more information.

Quote of the Month

"She made broken look beautiful and strong look invincible. She walked with the universe on her shoulders and made it look like a pair of wings." ~Ariana Dancu

Columbus Zoo Wildlights

Central Ohio's favorite family holiday tradition went from a few strands of lights and a few trays of cookies to millions of LED lights, animated musical light shows, Santa, Mrs. Claus, reindeer and other holiday festivities that can be found only at the Columbus Zoo and Aquarium. This year's event offers more holiday fun than ever before!

Dates: November 16th to January 6th Times: Zoo opens daily at 10 AM

Wildlights activities operating:

Sundays through Thursdays: 5 PM to 9 PM Fridays and Saturdays: 5 PM to 10 PM Note: Closed on Thanksgiving, Christmas Eve and Christmas Day

Cost: regular admission rates apply, free to Columbus Zoo members



December Awareness

December 1st is World AIDS Day December 3rd is International Day of Persons with Disabilities December 10th is Human Rights Day December 1st - 7th is Crohn's and Colitis Awareness Week

www.dcbdd.org The website for the Delaware County Board of Developmental Disabilities



Central Ohio Family Engagement Series

by Ohio Department of Developmental Disabilities

Pickaway County District Public Library Koch Meeting Room 1160 N. Court Street Circleville, OH 43113

The Family Engagement Series is designed to unlock your strength, build a foundation, and learn skills and strategies to manage family stressors. These handson sessions will teach you practical ways to manage pressure, patience, and learn creative ways to modify your existing methods of coping and caring for those you love. We must care for ourselves first in order to care for others in our family. The Family Engagement Series will be an opportunity for families to get personal and work together to solve

common - and uncommon - family stressors. Moderators will work with each group's real-life obstacles to find solutions that work for your family.

When registering for the Family Engagement Series you must commit to attending four (4) sessions. More than one family member is welcome to attend the series, but they should be registered and committed to attending the same sessions.

Session Dates and Times

Day 1: January 16, 2019, 9am-12pm or 6-9pm Day 2: January 17, 2019, 9am-12pm or 6-9pm Day 3: February 20, 2019, 9am-12pm or 6-9pm Day 4: February 21, 2019, 9am-12pm or 6-9pm When registering, please select one session from each day (Day 1, Day 2, Day 3, Day 4). Visit <u>www.eventbrite.com/e/central-ohio-family-</u> <u>engagement-series-tickets-51560680383</u> to register for these **FREE** sessions. If you have any questions about the series or the registration process, please contact Steve Beha at steven.beha@dodd.ohio.gov or 614-466-4085.

Strand Movie Theater - Sensory Series "Elf"

Saturday, December 15th, 10:00am Doors open at 9:30am

The 3rd Saturday of each month, The Strand Movie Theater provides showings for children, families, and adults in the community who may benefit from an alternative movie experience, such as our patrons on the autism spectrum or those living with other special needs. We turn up the lights, turn down the sound and welcome singing, dancing, movement, and any creative expression! Join us every third Saturday of the month and spread the word! Free small popcorn and canned beverage for each person attending provided by

the Autism Society of Central Ohio. The Strand Movie Theater is located at 28 E Winter Street, Delaware, 43015. For questions, please call 740-816-1938.



<u>Toy Lending Library</u> Strengthening Families Initiative through United Way of Delaware County

Children learn from the time they are born and there is no better way to grow than through play! This toy lending library provides opportunities for families and education providers to engage with toys and games centered around fine motor skills, sensory, vocal recognition, balance, STEM education, and dramatic play. Through creative play, children from birth to five will have the opportunity to connect and learn! For more information, call 614-436-8929. Located on the second floor of the Willis Education Center, 74 West William Street, Delaware 43015. HOURS:

Tuesday - 11:00 am - 3:00 pm Wednesday - 11:00 am - 3:00 pm Thursday - 3:00 pm - 7:00 pm



Have suggestions or comments about this newsletter? Do you have an upcoming event that you would like to have included in the next issue? Please contact Bethany Mirka, the Family Liaison to the Early Intervention Program of the Delaware County Board of Developmental Disabilities, at 740-666-2222 or <u>tbmirka@hotmail.com</u>.

